

# FROZEN KARIBA BREAM FILLETS

*Oreochromis niloticus*

## Why choose Fisher Direct Kariba Bream™?

### Pristine environment:

Kariba Bream™ are Regal Springs Tilapia and are raised in pristine fresh water lakes in rural areas to provide optimal water quality for fish growth and welfare. Water quality at the farming sites is monitored to ensure no change to the natural ecosystem.

### Worlds best farming practises:

- The tilapia are raised in floating cages to ensure the fish are not exposed to algae, or mud on the bottom of the lake that affects their taste.
- The fish are fed a controlled high quality cereal and grains diet to produce a natural clean tasting and high quality fish fillet - you taste the difference!
- No preservatives, antibiotics, growth hormones, or carbon monoxide are used in any part of the Tilapia's production.
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<b>PRODUCT ORIGIN</b>	Indonesia
<b>FARMING TECHNIQUE</b>	Cage culture
<b>GRADE (oz / grams)</b>	<b>Skinless &amp; Boneless</b> 3 / 5 oz (85 - 141 grams) 5 / 7 oz (141 - 198 grams) 7 / 9 oz (198 - 255 grams)
<b>TOP LOINS</b>	3 / 4 oz (85- 114 grams)
<b>BELLY LOINS</b>	2 / 3 oz (57- 85 grams)
<b>SEASON</b>	All year
<b>SUSTAINABILITY</b>	Monterey Bay Seafood Watch List "Good Alternative"
<b>PROCESSING</b>	Processed in a "HACCP" certified facility
<b>TRACABILITY</b>	Each carton is marked with an Establishment Number specific to the processing facility
<b>STORAGE AND HANDLING INSTRUCTIONS</b>	Store below -18°C and fully cooked prior to consumption

